



Fraser Coast  
Hospice  
a place of peace

# connect

## Come celebrate with us! October 24th - 28th

In October, we'll reach a major milestone in the vital development of the Fraser Coast Hospice facility.

On the 27th June we received our 100th admission since opening our doors 9 months ago.

We want to create an awareness of what we do and the service we provide as well as give thanks to the amazing volunteers who give their time to support us in so many ways.

So for the week 24th to the 28th every day will play host to a week long event we're hoping you'll all want to be a part of.

Be sure to keep a look out for our team on Wednesday 26th October in the main centres around town and at Stocklands you'll be able to purchase tickets to win a brand new Mitsubishi ASX valued at \$28,740.00!

For more information visit:

[www.frasercoasthospice.com.au](http://www.frasercoasthospice.com.au) or visit us at **222 Urraween Road, Urraween.**



## HOSPICE AWARENESS WEEK OCTOBER 24TH TO 28TH

### WHAT IS HOSPICE AWARENESS WEEK?

This is our inaugural week where we get to share with you everything we've done, achieved and our future goals.

Our first awareness week coincides with our first anniversary of receiving our first client on the 27th October 2021.

Where you can find out more about us. Visit hospice and see how we function.

### TUESDAY 25TH OCTOBER Advanced Care Planning & Wills

There will be 5 session times with a max of 10 people per session with Jo from Brisbane South Palliative Care to discuss

- Advance Health Directives
- Statement of Choices & EPOA's

Gold coin donation will get you a morning tea and there'll be a raffle on the day too!

Register your spot by phoning 07 4334 0030



### WEDNESDAY 26TH OCTOBER

Our team will be located at:

- Stocklands Shopping Centre
- Pialba Shopping Mall
- Eli Waters

You will be able to speak with one of our volunteers or staff about Hospice and what we do, make a donation and buy tickets in our car raffle



### VOLUNTEERS THURSDAY 27TH OCTOBER

Celebrate our wonderful volunteers.

This is in recognition of the amazing support we receive by these selfless individuals is humbling. Without their individual contributions, we wouldn't be able to offer the care and service to our clients.

Please come along and celebrate with a morning tea to acknowledge these wonderful volunteers.

RSVP to: [volunteers@frasercoasthospice.com.au](mailto:volunteers@frasercoasthospice.com.au) by: Monday 25th October.

### FRIDAY 28TH OCTOBER OPEN DAY - 10am to 2pm

You are invited to come and join us at Fraser Coast Hospice. There will be special guest speakers, a BBQ lunch and an opportunity to speak with hospice staff, volunteers and board members.

Gold coin donation and there'll be a raffle on the day.

### WE PROVIDE END OF LIFE CARE WITHIN OUR LOCAL COMMUNITY - free of charge

There are a number of ways to support hospice:

- inviting us to present to a group or business
- attending our events or information sessions
- making a donation or bequeathing in memory of a loved one
- payroll giving
- regular giving
- sponsorship
- volunteering

For more information, speak to one of our staff members today to enquire how you can support the Fraser Coast Hospice.

[www.frasercoasthospice.com.au](http://www.frasercoasthospice.com.au) | ph: 07 4334 0030

# Fundraise your way for Fraser Coast Hospice

## Got an idea but need a steer?

We want energetic individuals, businesses and groups to come up with novel ways to raise vital funds for Fraser Coast Hospice.

This community fundraising means the world to us because it's often inspired by a personal experience with our service.

We want to encourage and support these passionate fundraisers, so we're creating an online toolkit with ideas, tips and guidelines to help plan and complete a successful and fun event.

If you'd like more information please call **4334 0030** or visit

[www.frasercoasthospice.com.au/contacts](http://www.frasercoasthospice.com.au/contacts) and we'll contact you directly.



FRASER COAST HOSPICE

*message from the*

## Director of Care

Alicia Trimmingham-Turl

As we welcome in spring we have our own spring to our step as we prepare for our 1st birthday celebrations of the opening of the Hospice in October 2021.



There are many activities planned over this time and coming up before the end of the year, so be sure to check them out!

On 18th October we will also have our first full accreditation survey against the 8 National Safety and Quality Health Service (NSQHS) standards conducted by the Australian Council on Healthcare Standards (ACHS). It is amazing to think of all the progress we have made in the past 12 months as we continue to grow as an organization and get our message out to the community.

Our client facing staff have recently de-escalated from N95 masks to level 2 surgical masks as we continue to manage our response to and potential exposure to COVID. All staff, volunteers and visitors to the Hospice will continue to be required to wear a level 2 surgical mask while inside the facility. We really appreciate everyone's understanding in relation to mask wearing, hand hygiene, social distancing and other COVID measures we have in place. Our first priority is to keep everyone safe as we navigate through our ever changing world.

I look forward to seeing you throughout our October celebrations.

Take care and enjoy the impending warmer weather.

FRASER COAST HOSPICE

*message from the*

## Board Chair

Dr James MacKean

Dr James MacKean is a Senior Radiation Oncologist with more than 25 years of experience in Cancer Medicine. James is a Visiting Medical Officer in Radiation Oncology, at Wide Bay Area Health Service and provides care to patients in Brisbane, Sunshine Coast and Fraser Coast as part of GenesisCare Queensland.



James has special interests in Pelvic tumours, Stereotactic and Palliative Radiotherapy, and pain management. He Chairs the Genesis Care National Clinical Reference Group in Genitourinary Radiotherapy, and is a former chair of the Australasian Brachytherapy Group.

Along with Founder and Secretary Jasine Leslie, James has been with the Fraser Coast Hospice Association since its formation, and is Chair, Board of Directors, and also Chair of the Medical Advisory Committee, responsible for credentialling of Medical and Nurse practitioners and Clinical incident reporting and investigation, along with liaising with key Stakeholders at QHealth, the Federal Department of Health and Human Services, and the Wide Bay Medical Community.

# SAVE THE DATE

24th - 28th October

*celebrate our*

1<sup>st</sup>



*in October*

## Show your support

And donate now! Simply scan the QR code and enter the amount you wish to give. 100% of all donations stay with Fraser Coast Hospice.



## Wishlist

Many of us wish we could give back to the community, but we often just don't have the means. That's why we have our wish list!

Big or small, your contribution counts. By donating these items, you help us reduce our costs and keep hospice's palliative care services fee-free.

- A4 Copy Paper
  - Bird Seed (Finches)
  - Biscuits
  - Cushions
  - Cans of drink
  - Plants
  - Rake (for gardens)
- 3 x Pullout Sofa Beds**  
\$2149 ea  
These sofas allow family and friends to stay with our guests comfortably in their last days.



Donations can be dropped off at:  
222 Urraween Road, Urraween, Q, 4655

*Thank you*

Follow us on Facebook:



For more information on any events, please contact the fundraising team at fundraising@frasercoasthospice.com.au

# Meet our Volunteer

## Rima

If Rima's face seems familiar, that's because you'll find her on reception every Tuesday and every other opportunity at Fraser Coast Hospice. Rima embraces everything warm and generous at the front desk - but there is so much more to this amazing woman.

"I want to give back to the community and let people know that it doesn't matter how much you give, but what you do give can make a difference." she smiles "I look forward to coming to work because it's like I'm coming home to my family".

Born and raised in the Cook Islands then moved to New Zealand and finally moved to Australia in 2017 with her husband of 41 years. While Rima has no children of her own, she is inspired and driven to help those less fortunate and vulnerable. Being of a spiritual heart and mind her passion and drive to help others emanates to those around her.

Rima epitomises our values so strongly here at Fraser Coast Hospice, her passion and care for people is abundantly clear



when you walk through the main doors and greeted by that beautiful beaming smile.

We are constantly humbled by the amazing selflessness of our volunteers and the amazing support they provide.



## Thank You

To the Hervey Bay Garden Club for their wonderful donation of \$1,000 to put towards developing our garden around the in patient units.

With some amazing raffles and an overwhelming support by the committee and members their contribution to the hospice is incredible.

Thank you so much to the men and women of the Hervey Bay Garden Club for you donation.

## Did you know...

That you can help raise vital funds for the Fraser Coast Hospice by simply collecting aluminum, glass, plastic, steel and plastic containers.

Return your containers to one of the many collection points for **Containers for Change** and enter Fraser Coast Hospice's code **C10506116** - it's that simple!

Every container returned will be donated back to us.



[www.containersforchange.com.au](http://www.containersforchange.com.au)

## Minnie & Mickey

These two gorgeous baby finches were relocated to their new home earlier in the month.

Named Minnie & Mickey, they have taken to their new surroundings with glee.



Fraser Coast Hospice  
222 Urraween Drive, Hervey Bay, Q, 4655

☎ 07 4334 0030

✉ [admin@frasercoasthospice.com.au](mailto:admin@frasercoasthospice.com.au)

# WIN A CAR

TICKETS ONLY

\$20

plus cash draws!  
second draw \$1,000  
third draw \$500



WIDE BAY



## You could win this car!

We're excited to bring you our biggest raffle to date!

You could win this beautiful Mitsubishi ASX ES car for only \$20. Valued at \$28,740 this car will be drawn Friday 31st March 2023 at Fraser Coast Hospice.

We'll be at various markets and events around town selling our tickets so make sure you follow us on Facebook & Instagram to see where we'll be.

If not .. you can purchase your tickets through our website [www.frasercoasthospice.com.au](http://www.frasercoasthospice.com.au) or from our Reception at **222 Urraween Road, Urraween.**

Keep these easy to donate details handy!

I would like to make a donation so people in our community facing a terminal illness can receive the care they need.

## 4 EASY WAYS TO DONATE



Mail the coupon on the right to:  
Fraser Coast Hospice,  
PO Box 1599  
Hervey Bay  
Q 4655



Donate online at:  
[www.frasercoasthospice.com.au](http://www.frasercoasthospice.com.au)



Call us at Hospice:  
07 4334 0030



Visit us at Fraser Coast Hospice at:  
222 Urraween Road  
Urraween  
Q 4655



**Fraser Coast Hospice**

a place of peace

Follow us on Facebook:

  [frasercoasthospice](https://www.facebook.com/frasercoasthospice)

For more information on any events, please contact the fundraising team at [fundraising@frasercoasthospice.com.au](mailto:fundraising@frasercoasthospice.com.au)

### Step 1 - My Gift

\$25    \$50    \$75    \$100   \$  (Other)

### Step 2 - Donation Frequency

One-off    Set-up a regular payment

### Step 3 - Direct Debit

Please send me a Direct Debit form

Debit my credit card

Card Number

Expiry Date

Name on Card

Signature

### Step 4 - My Details

Title

First Name

Surname

Date of Birth

Address

Phone

Email

- I would like to receive future communications via email
- I would like to know more about becoming a regular giver
- I would like to know more about Volunteering

If you would like to unsubscribe from our newsletter, please notify us at [fundraising@frasercoasthospice.com.au](mailto:fundraising@frasercoasthospice.com.au)

